



# Do You Know Your Turkey Facts

- What is a male turkey called?
- What is female turkey called ?
- Where will you find the turkey's wattle?
- Where will you find the turkey's caruncles?
- Where is the turkey's snood?
- About how long does it take a domestic turkey to grow from birth into a turkey that is plump enough for market?



1. A male turkey is called a gobbler.
2. A female turkey is called a hen.
3. The wattle is the flabby skin growth that hangs from the turkey's throat.
4. The caruncle is the growth of skin that dangle from the turkey's chin.
5. The snood is the growth of skin that droops over the gobbler's bill.
6. About 10 weeks.

## How To Make a Pecan Purse

- 1 yard country print cotton fabric
- Cellophane in coordinating color
- 1 cup pecans
- 1 yard 1/2-inch wide satin ribbon in coordinating color
- 4 cinnamon sticks

Cut fabric and cellophane into four (15-inch) squares. Cut ribbon into 9-inch segments. For each bag: Lay cellophane on fabric. Place one cup of pecans in center and gather up ends of fabric and cellophane over pecans. Tie with ribbon. Attach cinnamon stick to each bag using ends of ribbons.

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### Dog Gone It! The Dog Ate It!

1 3/4 cups whole wheat flour  
 1 1/4 cups oatmeal  
 1 1/2 tablespoons vegetable oil  
 1 cup warm water  
 Options: 1/3 cup finely grated cheese,  
 1/4 cup peanut butter  
 Mix the dry ingredients together. Then mix the wet ingredients together. Blend both mixtures until a firm dough is achieved. Shape dough into an ob-long roll, wrap in plastic wrap, and chill for 1 hour. Preheat oven to 300 degrees F. Lightly grease sheet pan.

# Something for Halloween

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## A Jack-O-Lantern's Survival Kit

Chocolate Kiss – to remind you that you are loved!

Match – to light your fire when you feel burned out!

Tootsie Roll – to remind you not to bite off more than you can chew!

Smarties - to help on those days when you don't feel so smart!

Starburst – to give you a burst of energy on those days you don't have any!

Snickers – to remind you to take time to laugh!

And most importantly...

Candle – to remind you that you can brighten Someone else's day!



Happy Halloween!  
Survival Kit Courtesy of Marilyn Ross &  
The Strawberry patch

# International Beta Sigma Phi Bed & Breakfast Program

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**Beta Sigma Phi Bed and Breakfast**  
*Courtesy of Marilyn Ross & The Strawberry Patch*

## Join the Club!

The Beta Sigma Phi Bed and Breakfast Club – now with over 1000 members worldwide signed on as hostesses.

This is a member-to-member program designed to benefit both the hostess and the traveling member. **International functions as an information center only.**

### Convenience!

This program is for **YOUR** convenience. When you sign on as a hostess, if it is not convenient for you to have overnight guests you certainly can say 'NO'. A spare bedroom is all you need to accommodate the traveling Beta Sigma Phis.

### How Does It Work?

When a member is planning to travel in your area, a computer print-out is sent to her listing your name, address, telephone numbers and a general description of the area. ***International will NOT provide information about how many you can accommodate or the fee you will charge.*** All the details can be discussed when the member contacts you either by phone or letter. International cannot suggest a fee as this is up to you, the hostess, to establish. The fee should be less than commercial accommodations in your area, but should cover all costs to you.

### Keep Us Posted!

If, after you have signed on as a hostess you have an address or telephone number change, or you no longer wish to participate in the program – please let International know so members will have the most up-to-date information possible on the computer listing for your area.

### How Do I Get A Hostess Listing?

Please contact your Division Chairman at **service@betasigmaphi.org** and later send a check to cover the cost of the printout and mailing.\* Please specify lists by individual states, Canadian provinces or foreign countries. A complete listing of all hostesses is not feasible as we have so many members signed on, and more added almost daily!

### Remember!

This is a '**FUN**' program! You will make many new friends as you travel with Beta Sigma Phi B & B. And, International loves to hear from you and your experiences as you travel with Beta Sigma Phi B & B. *The Torch* occasionally features and showcases hostesses homes. If you would like your accommodations to appear in an upcoming issue, just send a picture along with a brief description of the area or any special features you would want traveling members to know. The new friendships you will make are a PLUS when you 'Bed and Breakfast With Beta Sigma Phi!

### More?

If you need information or have any questions, please contact the Bed and Breakfast

Coordinator at the International Office:

*Barbara Champion*  
*Bed and Breakfast Program*  
Beta Sigma Phi International  
1800 W. 91<sup>st</sup> Place  
P.O. Box 8500  
Kansas City, MO 64114-0500

Or,

Call weekdays: 816.444.6800

Or,

Email: [service@betasigmaphi.org](mailto:service@betasigmaphi.org)  
On the subject line type: **Attention – Barbara Champion**

*\* When you initially contact the Bed & Breakfast Coordinator, she will tell you about the fee to cover the cost of shipping and handling the computer list.*

## NEW BETA SHOPPE ITEMS

[http://www.betajournal.com/main\\_shoppe.htm](http://www.betajournal.com/main_shoppe.htm)



10 Cards for \$5.00



Rose Kit for Just \$5.00



Bookmark for \$1.00



Pins—While Supplies Last

# Chapter Interest Indicators and Checklist ...

The best way to assure good attendance from both pledges and existing members is to keep them **SO** interested they won't be able to wait for the next meeting! **SO** intrigued they won't want to miss anything . . . (Being interested and intrigued does NOT mean keeping them so busy they feel over-worked.)

Review this checklist with your Executive Board. If the Board cannot answer 'yes' on every point, take it to the entire chapter for discussion.

## Does attendance and participation show that:

- Every member is on a committee – and one that she can enjoy?
- At least 2 members are in charge of each program and come prepared?  
*[Remember, you get extra points on the yardstick for doing this.]*
- Programs are interesting..

The program outlines (from International) should not limit you, or restrict you to the topics offered. The topics should spark your imagination so you can develop the general subject along lines that will intrigue each member.

If programs are not holding the interest of your members, contact your Division Chairman at International for special help on programs, or click-on to the following resources found in [The Strawberry Patch](#):

Program Committee.. A Brief Outline of Duties

Program Tips

Chapter 4 re: Programs (*from Pledge Training Series*):

- What To Remember
- Sigma Signifies Learning
- Suggestions for Program Development
- Suggestions for Program on the Shelf

- Every member has a complete roster of chapter members
- Every member knows exactly when and where each meeting and activity will be held
- Every member should have a yearbook that she brings to each meeting so she can write down the time and date of each activity as it is decided *and/or* reported at a meeting.
- The order of business is followed at each regular meeting with the result that **business meetings are brief and to the point.** (Please refer to the script of the [Basic Agenda for Regular Beta Sigma Phi Meetings](#), and from 'The Twelve Golden Threads of Beta Sigma Phi' refer to [B – the 1<sup>st</sup> Golden Thread – Business Meetings.](#))
- Projects are fun for each member

( ) Social

( ) Service

( ) Ways/Means

If members are not participating in all projects, you can be pretty sure they do not consider them interesting, or they find the projects too much work. In that case, **encourage members to talk about what kinds of things they would enjoy**. Make a list of their suggestions or of ideas given by other chapters in The Torch – and select the projects that appeal to the majority of your current members.

Select projects that will be fun! Then, no member will consider them work.

Another great reference: [Every Member Interest Survey](#) (There are 3 different chapter surveys from which to choose. Please adapt the one you feel most suitable for your chapter.)



*Courtesy of Marilyn Ross & The Strawberry*