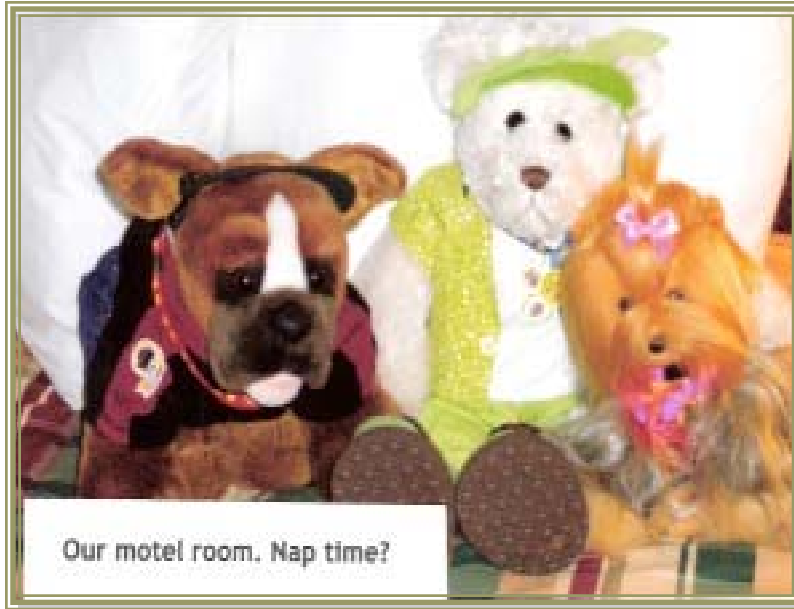
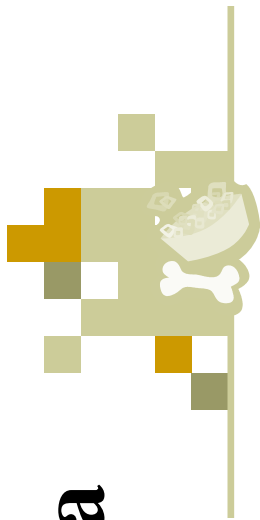


# E-Edition of the Beta Journal



Panama Pete, Lacey and Her Pal Griz

October 23, 2008

<http://www.uexpress.com/dearabby/>

Beta Sigma Phi to be featured in the Dear Abby Column. Check it out on the web site!

- Legacies need to send in their updated contact information to the rushing department!
- Save and Send Your Memoir's to International for a book collection!
- October is Breast Cancer Awareness Month
- Don't forget to Visit the Member Market for the latest news and information
- Fall Rush Review is On Line.
- Valentine/ Yearbook Contest—Deadlines in November
- Women Meet Up (List Your Chapter)

## Is Panama Pete just another stuffed animal that travels in a suitcase stopping where he can to rest his paws?

No, he is not," exclaims yet another sister from Oregon.

To others around North America and overseas, he is the special mascot of Beta Sigma Phi that sends pictures, stories and even his own luggage of clothes to sisters at chapter meetings, conventions, gatherings and those that have special events. Find out his stories and how you can take part of his awesome adventures.

[http://www.betajournal.com/mascot\\_2006.htm](http://www.betajournal.com/mascot_2006.htm)

### SHELTERING SISTERS

Sisters offering a place to stay in times of natural disasters and need.

See more information at:

[http://www.betajournal.com/sheltering\\_sisters.htm](http://www.betajournal.com/sheltering_sisters.htm)



# BSP Memoir's for International Book

- A Favorite Story About You and Your Sisters
- How You joined BSP
- Socials you enjoyed
- Conventions and friendships renewed or made

International would like to create a collection of these heart warming memoir's for a book. This collection would be a wonderful way of sharing what the organization is all about. If you would like to include your stories, please write them up and send these to the Rushing Department. [Rushing-friendlyventure@betasigmaphi.org](mailto:Rushing-friendlyventure@betasigmaphi.org)

"We have great hopes to share this publication of stories with TV shows like "Oprah," "The View," etc..."

- Says Lola

*You must be agreeable to have your story made public and be reachable for verification, if necessary.*

## WOMEN MEET UP

Are you looking for a way to list your chapter or council for women in your local area?

Go to the Women Meetup site

<http://women.meetup.com/>

And list your chapter today!



## EXTREME MAKEOVER



Has your Ritual of Jewels chapter members had an extreme makeover?

Current members progress or move up a degree in the ritual of jewels chapter and replace their spots with new incoming membership.

**MO Zeta Beta, Stanberry was the 1st Extreme Make-Over chapter. Congratulations!**

**Sound good?**

For you efforts the chapter will receive:

\$100.00 for adding 7 new pledges

\$200.00 for adding 10 new pledges

(\$100.00 to Original Chapter + \$100.00

To the New Chapter)

Also an Extreme

Makeover pin will be given to each

### LEGACIES

Send the RUSHING DEPARTMENT your updated address, phone number and E-mail information!

# Breast Cancer Awareness Month

At least 748 known sites on the Internet went pink to raise awareness and money for Breast Cancer in 2008. 482 of the pink sites came from the U.S. while 35 came from Canada and 30 from the United Kingdom.

See the sites at [pinkforoctober.org](http://pinkforoctober.org)

## PINK FOR OCTOBER

**Are you at risk for breast cancer?**

- Being a woman
- Age
- Heredity
- Menopause after 55
- Never having children

- Having 1st child after age 35
- High bone density
- Younger than 12 when 1st period began
- History of ovarian cancer

## SAVE LIDS

For every pink lid you save from Yoplait yogurt, Yoplait will donate 10 cents to Susan G. Komen for the Cure. You can help fight breast cancer while enjoying yogurt. Pick up a spoon, tell a friend and send in the labels. You can help build the "pink lid nation" with your team members. Visit the Yoplait Save Lids to Save Lives web pages for more details.

<http://www.yoplait.com/sls/Default.aspx>

As of October 12, 2008, 437,242 lids were received.

Directions: Rinse, bag and mail team code and lids to:

### Save Lids to Save Lives

PO Box 420704

El Paso, TX 88542-0704

Deadline: December 31, 2008

## RIBBON CHICK

Ribbon Chick is a breast cancer awareness site that sells and donates a portion of their proceeds to Susan G. Komen for the cure. The products offered are mugs, tees, prints, jewelry, ornaments and pens.

Find out more about Ribbon Chick in the PDF file on line.

<http://www.ribbonchick.com/RC08MK6.9.pdf>

### Around My Mother's Table

Compiled & Edited by Lisa Burton

A collection of stories and recipes that features photos and stories celebrating moms that were lost to breast cancer.



# Beta Shoppe Items

B	E	T	A
I			
N			
G			
O			

## BSP Torch Bingo Game

# 25 for \$15

Courtesy of the Georgia 2008 Convention  
 "A Big Hit at the Convention!"  
 Game includes 51 Q & A's and Covers



Enjoy this 1 inch torch with yellow rose for yourself or a friend!

This can be yours for only \$5!

Note Cards are also available with this motif

See the Beta Shoppe for further Details!

[http://www.betajournal.com/main\\_shoppe.htm](http://www.betajournal.com/main_shoppe.htm)

BETA SHOPPE



- CT Alpha Eta is selling entertainment books to benefit Home For Our Troops Veteran Charity. Pricing will vary.

## BETA SIGMA PHI JEWELRY



VIRGINIA LAUREATE UPSILON

## SPECIAL \$9.00

We added a badge holder to our popular #39 Pin  
 Now you can get the pin and faux suede badge holder for \$9.00  
 The pair is counted as 1 item for postage (order #39A)  
 Pin (#39) is sold separately for \$7.00.



Choose your Degree color or whatever suits your fancy:

- Blue: Preceptor
- Black: Ritual of Jewels
- Red: Master
- White: Exemplar
- Green: Laureate
- Also: Chocolate and Fawn

[http://www.betajournal.com/images/membermarket/fall\\_rush.pdf](http://www.betajournal.com/images/membermarket/fall_rush.pdf)

Vice Presidents—Don't forget to download your Fall Rush Review

[http://www.betajournal.com/general/clearance\\_sale.pdf](http://www.betajournal.com/general/clearance_sale.pdf)

Check Out What's On Sale in the Gift Department at International

<http://www.uexpress.com/dearabby/>

Dear Abby

Beta Sigma Phi Feature Story—Oct 23, 2008

[http://www.betajournal.com/images/general/sweetyear\\_contests.pdf](http://www.betajournal.com/images/general/sweetyear_contests.pdf)

Valentine and Yearbook Contest Form

- Nov 1st—Deadline for Valentine Entries
- Nov 15th—Deadline for Yearbook Entries

### Conventions 2008

Indianapolis, IN Oct 10-12, 2008

Wichita, KS Oct 10-12, 2008

Duluth, MN Oct 10-12, 2008

Branson, MO Oct 10-12, 2008

Green Bay, WI Oct 17-19, 2008

Traverse City, MI Oct 24-26, 2008

Longview, WA Oct 26, 2008

Galveston, TX Oct 27-Nov 1, 2008

## October 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23*	24	25
26	27	28	29	30	31	



Consider being a Beta Journal Sponsor to help offset server fees!

All it takes is a donation of \$1 per month of which is a small amount considering the resources the Beta Journal site offers! As always, this is optional to those who wish to give. We appreciate all our sponsors that have donated through the years!

Mizpah, Karen M. Ing, Editor of the Beta Journal On Line

MAKE CHECKS PAYABLE TO:

[TIKI SERVICES CORP](#)

SEND TO:

PO BOX 52

WYLIE, TEXAS 75098-0052

The 12th Annual Holiday Exchange for On Line Chapters begins another year of fun and excitement for over 80 sisters across the US and Canada.